



## **28th Annual Pamela Sintes Memorial Regatta**

**Saturday, August 19, 2023**

**Hosted by Pamela Sintes Memorial Foundation &  
New Orleans Yacht Club**

**An annual regatta in memory of Pamela Sintes, empowering women and encouraging female participation in competitive sailing. All proceeds benefit the Pamela Sintes Memorial Foundation which works in conjunction with the New Orleans Family Justice Center; servicing adults and children affected by domestic violence, sexual assault, child abuse, human trafficking and stalking.**

---

### **NOTICE OF RACE**

---

#### **1. Organizing Authority**

New Orleans Yacht Club, 403 N Roadway Drive, New Orleans, LA 70124.

#### **2. Rules**

The regatta will be governed by rules as defined in The Racing Rules of Sailing (RRS)2020-2024, including U.S. Sailing Prescriptions, and GYA PHRF By-Law rules. US Sailing Prescriptions of Appendix T, Parts A, B, and C shall apply.

#### **3. Safety**

1. All boat shall carry all U.S.C.G. required safety equipment.
2. All boats shall carry a functional VHF radio.

#### **4. Eligibility**

1. No yacht club affiliation required.
2. All sailboats racing in PHRF classes must have a PHRF rating or will be assigned one.
3. Cruising class boats shall have a fixed propeller and roller furling headsail, and no spinnaker.
4. Female in control of the helm is strongly encouraged. Must have at least one female on board during race.

#### **5. Registration and Entry**

1. Entries will be accepted until 8pm Friday, August 18, 2023
2. Registration is \$35. Registration is through Clubspot.

## 6. Schedule of Events

Date	Time	Description
Sat. 8/19	0800	Breakfast at New Orleans Yacht Club
	0900	Skipper's Meeting at New Orleans Yacht Club
	1100	First Warning Signal
	1330	Fund-raising after party at New Orleans Yacht Club
	1400	Music by Side B Band
	1630	Trophy presentation

## 7. Divisions

1. Boats will race in Spinnaker, Non-Spinnaker, Cruising (non-spinnaker), and J80
2. Class breaks, if any, will be posted on Clubspot
3. Minimum 3 boats per class

## 8. Awards

1. Awards will be given to the top three finishers in each class.
2. Award for top female helmsman

## 9. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## 10. Information

General regatta questions: Gina Binder [President@pamsintesfoundation.org](mailto:President@pamsintesfoundation.org)  
Stevie Sintes [Vicepresident@pamsintesfoundaiton.org](mailto:Vicepresident@pamsintesfoundaiton.org)

